



## "Love Notes" Hands-On Curriculum Training Relationships, Sex, and Parenting for "At Risk" Young Adults (15-24)



### May 21-22, 2015

Day 1 (May 21) 9:00 am-4:00 pm  
Day 2 (May 22) 9:00 am-3:00 pm  
Registration 8:30-9:00 am-both days

CESA #6 Conference Center  
2300 State Road 44  
Oshkosh, WI 54904

#### WORKSHOP CONTACT:

Jackie Schoening, CESA #6  
(920) 236-0515  
[jschoening@cesa6.org](mailto:jschoening@cesa6.org)

#### CURRICULUM:

Each InSPIRE grantee will receive a free Love Notes v2.0 Curriculum. Grantees are Adams-Friendship, Bayfield, Beloit, CESA #3, Elkhorn, Fond du Lac, Green Bay, Janesville, Madison, Menomonie Area, Milwaukee, Racine, and West Allis.

**IMPORTANT:** Other districts will need to purchase the Love Notes 2.0 Program Kit at cost of \$399 **by May 6 and bring it to the training. To order go to this website:**

<http://www.dibbleinstitute.org/love-notes-2/>

**COST:** \$50/person registration fee (includes refreshments and lunch)

#### REGISTER ONLINE:

[www.myquickreg.com/event/event.cfm?eventid=12381](http://www.myquickreg.com/event/event.cfm?eventid=12381)

**PAYABLE TO:** CESA #4

#### SEND PAYMENT TO:

CESA #4  
ATTN: Mary Devine  
923 East Garland St.  
West Salem, WI 54669

PLEASE include and clearly define: Participant name, exact name of workshop, and date, with all checks or purchase orders. Thank you!

#### REGISTRATION QUESTIONS:

Mary Devine  
(608) 786-4800 or (800) 514-3075  
[mdevine@cesa4.k12.wi.us](mailto:mdevine@cesa4.k12.wi.us)

Unplanned pregnancy, single parenting, and troubled relationships are a serious threat to the wellbeing and futures of many young adults, as well as to their children.

Love Notes v2.0 (newly revised) was created for this vulnerable, high-risk audience. In 13 lessons they discover, often for the first time, how to make wise choices about partners, sex, relationships, pregnancy, and more.

Love Notes takes an innovative approach to these topics by integrating relationship skills with pregnancy prevention and practical strategies for motivating change.

Love Notes uses popular media and lively activities to engage young males as well as females in learning. Key topics include:

- Knowing yourself
- Forming and maintaining healthy relationships
- Frameworks for assessing relationships and making decisions
- Recognizing unhealthy relationships and responding to dangerous ones
- Effective communication and conflict management skills
- Intimacy, sexual values, pacing relationships and sex, and planning for choices
- The Success Sequence

**REGISTER EARLY—SPACE LIMITED TO 35 PARTICIPANTS**

